Alligator Soup

From the Kitchen of Brett Broussard

- 4 tablespoons unsalted butter
- 1 1/2 pounds alligator or turtle meat
- 8 cloves garlic (minced)
- 2 medium onions (chopped fine)
- 4 stalks celery (chopped fine)
- 2 medium green peppers (chopped fine)
- 1 1/2 tablespoons kosher salt, plus to taste
- 1 teaspoon freshly ground black pepper
- 2 medium Creole tomatoes, seeded and chopped fine
- 3/4 cup all-purpose flour
- 3 quarts beef stock
- 1 cup Worcestershire sauce
- 2 tablespoons Crystal brand pepper sauce, or other relatively mild pepper sauce
- 2 tablespoons finely chopped Italian (flat-leaf) parsley leaves
- 2 tablespoons finely chopped fresh thyme leaves
- 5 large eggs, hard-boiled, chopped fine
- 6 ounces fresh spinach, washed, stemmed and leaves sliced fine
- 3 zest from three lemons, chopped fine

1/3 cup fresh lemon juice 1/2 cup good-quality sherry

Over medium-high heat, melt the butter in a heavy 7-quart saucepan. Add the turtle meat and garlic. Cook until the meat is no longer pink, about five minutes, stirring occasionally. Stir in the onions, celery, sweet peppers, kosher salt and pepper. Cook until the vegetables start to become translucent, about 10 minutes. Add the tomatoes and cook about five minutes, stirring often so the bottom of the pan does not scorch. Reduce the heat to medium. Dust the vegetables with the flour and cook five minutes, stirring constantly and scraping the pan bottom constantly to prevent dough balls from forming in the soup. Stir in the Worcestershire, pepper sauce, parsley, and thyme. Simmer 30 minutes. Add the eggs, spinach, lemon zest, lemon juice and sherry. Continue simmering 10 minutes more.

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