Pig Tongue

From the Kitchen of Brett Broussard

3 small pig tongues (Kirk's U Need a Butcher) Can substitue beff tongue (Best Stop-Scott)

2 tablespoons canola oil
1 cup chopped onions
1/2 cup chopped bell peppers
1/2 cup chopped celery
2 tablespoons minced garlic
1/2 pound smoked sausage
2 cups chicken, beef, or pork stock

Season tongues, if they've not already been seasoned. Add oil to a heavy pot (Magnalite) over medium-high heat and brown tongues and sausage. This is the key to a good gravy. This process may take 10-15 minutes and if it starts to stick too much, slowly add a little water or stock to deglaze. Once thoroughly browned, remove meats and add vegetables. Saute over medium heat for 3-5 minutes until softened. Add the stock, bring to a boil, and add back tongues and sausage. Simmer over low heat for 3-4 hours until tender. Serve over rice, potatoes, or grits.